

## Aspirations - Resources for you and your child

Here are some useful links and resources for you and your child to help them make the right career choices.

East Sussex College website hosts comprehensive information on an extensive range of courses including A-Levels, T-Levels, Technical and Professional programmes, apprenticeships and Inclusive Learning options.

- Parents Information - Support for parents on apprenticeship
- Parent Support
- Adult Site – Free adult courses for career progression



[www.educationfuturestrust.org](http://www.educationfuturestrust.org)



East Sussex careers hub website has a wealth of information and support for young people and parents on careers, as well as post 16 and 18 options.

- Parents area – currently being revamped, but there is a whole range of information on there to help your child make the right career choices
- Progression options – range of info here on college and sixth form courses, adult learning, apprenticeships, supported courses and skills and employability courses
- Industry career pathway information – There is a section for health and social care job roles, where people can find out what skills they might need, day-to-day tasks, progression pathways, videos to hear from those working in the job about their experience, as well as linking to job role specific bodies for further advice and guidance.
- Career finder tool – to understand how your skills may 'match' to different job roles
- ESTAR Employability – ESTAR project offer resources, opportunities and support to narrow employment gaps – This is the current brochure ESTAR Brochure 2023 (Edition 3) 23/24 - 1.

### CONTACT US

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