

Aspirations - Resources for you and your child

Empower your child to make informed career choices with these helpful resources.

The [East Sussex College website](#) offers a wealth of information about various courses, including:

- A-Levels
- T-Levels
- Technical and Professional Programs
- Apprenticeships
- Inclusive Learning options

Additionally, there's tailored support for parents:

- [Parents Information](#) - Guidance on apprenticeships
- [Parent Support](#) - Resources to assist your involvement
- [Adult Site](#) - Access free adult courses to support your own career development



Career resources

The [East Sussex careers hub website](#) provides valuable resources for young people and their parents, helping them navigate post-16 and post-18 options.

- [Parents area](#) – A refreshed section packed with guidance to support your child's career decisions.
 - [Progression options](#) – Insights into college and sixth-form courses, adult learning programs, apprenticeships, and employability skills.
 - [Health & Social Care job roles](#) Discover pathways in industries like Health & Social Care. Learn about essential skills, day-to-day responsibilities, and career progression, and hear first-hand experiences through video resources.
 - [Career finder tool](#) – Match your skills to potential job roles for personalised guidance.
- ESTAR Employability Project
- The ESTAR project offers resources, opportunities, and support to bridge employment gaps. Check out the [ESTAR Brochure 2023 \(Edition 3\) 23/24 - 1](#). for the latest programs and initiatives designed to boost employability.

For more information, visit the websites and tools mentioned, and take the next step in supporting your child's aspirations!

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